

## **Proposed Projects for YFC 2010 Visit**

### **Teams**

To feasibly complete two projects the group will be split into two teams and this will create a competitive edge to the project and challenge everyone involved to do their best and beat the other team to finish their project. It would add a great dimension to the potential film and help the community even more.

The teams can be formed in which ever way YFC deem suitable and will be given a local Swahili name.

### **Culture**

Kenyans are proud of their heritage and culture just as everyone in Wales is proud to be Welsh! In the itinerary there is a cultural exchange afternoon where the community will come together to sing and dance for you and in exchange it would be great if you brought some Welsh Culture with you. For instance you could sing a Welsh Song bring a love spoon or anything you think represents Welsh Culture. This would be fantastic for all involved and will be great for a film as you will have the opportunity to join in and dance Kenyan style! It is great fun and a brilliant experience.

### **Tug Of War**

As part of Welsh culture exchange and to add a fun element plus teach the children a new sport. A team could be formed to introduce Tug of War with training during the week and a competition at the end when the sports pitch is opened between the YFC and the Community. This would be great fun and something that no one would have seen before so you would be breaking new ground! Plus would add another excellent dimension to the film.

### **The Projects**

After consulting with the community the two projects below were deemed the most suitable for the community and for you to complete during your trip. They express both sides of the YFC the farming connection and then a broader connection using sport as an example. It was felt that to help you raise funds it should be something different from water or sanitation which is what most people associate when people raise funds for Kenya. So they are different and should appeal to a range of members and everyone can get involved.

#### **Project 1 – Community Sports Development Centre**

The Secondary School at Plateau has a huge field that they have allocated for sport but that is all it is a field! There are no facilities only two goal posts and football is the game of choice not only because it is popular but there is no other equipment to train for other sports.

The school and the community are very keen for this field to become a hub for all the surrounding community to use as a sports recreation facility plus to help train budding young athletes.

The area is well known for producing some of Kenya's finest runners but the Plateau area does not have a training ground and any potential athletes have to travel 3 hours to a training ground in Iten. This distance is not affordable or feasible too many so inhibits many young stars from reaching their goal.

Running and sport is one of the few realistic ways that children can dramatically improve their future. Many children through sport secure scholarships abroad to colleges and an education that they would otherwise only be able to dream about.

The provision of a proper sports field with facilities such as a running track, long jump pit, high jump, netball, basketball, and we must not forget a football pitch would make a huge difference to the local community and their children. The school already hold training sessions during the summer holidays so is trying hard to help the children improve and the facilities would make all the difference to helping them achieve their potential and possible scholarship.

This project is highly pro active and fun not only would YFC members be able to help build and put in the facilities but would be able to set up teams with the children and organise a sports day for the opening of the facilities. The kids are so keen their enthusiasm is infectious and they are very competitive!

The donation would cover

Building materials for the facilities

Skilled labour where required

Sports Equipment such as balls, nets, stop watches etc

Prizes for the sports day

Training of staff to look after the sports field

Enclosures for the school cattle (they are currently loose)

### **Project Two - Plateau Hospital and Community Farm**

Plateau Hospital is very fortunate to have been endowed with 60 acres of land when it was formed in the 1950's. The land should be a valuable resource for the hospital and community but due to the previous problems with running the hospital it has been left to lie fallow. The current management are very forward thinking and in conjunction with Ampath – an HIV/AIDS – NGO they have succeeded in putting two acres under vegetable production. This is a very important part of the fight against HIV/AIDS as it has been proved that good nutrition contributes as much to survival as Drugs. Steve Lewis a former YFC member from Wales is in charge of the farming programme and he has outlined a project for laying hens and poultry.

Poultry are an excellent source of food (eggs and meat) easily available and simple to keep. They tick all the boxes for sustainable farming development on a limited budget.

The project would involve the following components per 200 birds

Fencing of 2 suitable paddocks for retaining the birds

Building a simple shelter with egg boxes

Purchase of point of lay pullets

Purchase of enough feed for an egg laying cycle

Training of the poultry keeper

The eggs would be collected and used for meals and nutrition in the hospital and put on trays for sale to local outlets for which there is a high demand a dozen eggs is approx 85p. The funds raised would perpetuate the cycle purchasing new point of lay and feed. The spent hens would be processed and used for hospital meals and again sold locally.

The cost per 200 bird module is £700 we would increase the amount of birds depending on the size of donation.

### **Fund Raising & Support**

Sarah Chapman will assist in any way possible to help you raise funds, promote the trip and secure a potential film of the trip.

Promotion – Sarah could visit the larger clubs and do a presentation of the trip and explain about Kenya and what a fantastic place it is. Parents often have concerns so they could ring and speak about any questions they may have or arrange to meet them as a group.

Fund Raising – We will provide as much background information as you need and any photos etc to help with fund raising material. If you hold any events Sarah can come and give a short presentation on how much it means and matters to the community . Breakdowns of the project costs will be available so people can see how the money has been spent.

Film – Sarah can assist with information and ideas needed to put together an application and provide basic information on what is required to film in Kenya.